# WELLINGTON \*

#### **2023-24 SEASON** Anniversarv Passion A Pride A Tradition

Photo: Ed McPherson OJHL Images

5

# **#10** JUSTIN PARÉ

Tub

links

More

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35th

# WELLINGTON DUKES **COBOURG COUGARS** Friday November 3, 2023

UIG

**TONIGHT WE HONOUR AND REMEMBER OUR VETERANS** 

Remembrance Day LEST WE FORGET

# WELLINGTON \*

# DUKES PLAYER SPOTLIGHT! #10 Justin Paré

#### **The Dukes Family**

Ken Clement I Owner/ Governor Tealah Clement I Chief Operations Officer Kelly Martin I Director /Marketing /Graphics Dukes & Total Sports Quinte Alisha Martin I Dukes/Total Sports Sponsorship & Advertising 343-261-8568 Michelle McIntyre I Accounting Lisa Ormond I Billet Coordinator

#### **HOCKEY STAFF**

Kent Lewis I Head Coach/Dir Hockey Opps Brian MacKenzie I Asst Coach Phil Groeneveld I Goalie Coach Caitlin McCuaig I Sports Physiotherapist Strength & Conditioning Coach I Adam Reynolds Todd Diminie I General Manager Ryan Isbister I Equipment Manager Joey Lavender I Dressing Room Attendant

#### SCOUTS

Head Scout I Brent Heusinkveld Scouts I Allan Etmanski, Ian McNeil, Rhonda Bartliff, Geraid O'Kane

#### **EXECUTIVE MEMBERS**

Doug Robinson I Executive President & Game Night Co-ordinator Betty Masterson I Ticket Sales Mgr, Booster Club Robert Baitley I 50/50 Sales Ed McPherson I OJHL Images Photographer Dave Wakefield I Pointstreak Operator Debbie Simpson I Booster Club

#### GAME DAY STAFF

Brock Ormond | Hockey TV Broadcaster, Team Writer Tyler Brown | PA Announcer, DJ, Director of Social-Media/ Dukes & Total Sports Craig Foster | Away Game Broadcaster on 99.3 County FM **Betty Lavender & Cheryl Insley** Back up support for game night Betty Martin Bidner | Merchandise Sales Linda Holmes | Chuck a Puck & Community Liaison Bob Howe | Timekeeper/ Pointstreak Asst Dale Courneyea | Time-Keeper Assistant Christine Rutter | Charity/ Non Profit Liaison Rita Stevens | 50/50 Ticket Sales Ken Johnston | 50/50 Ticket Sales Sharon Kleinsteuber | 50/50 Ticket Sales Derek Dailey | 50/50 Ticket Sales Jeff Whittaker | Camera Operator Judy Benway | Ticket Taker Linda Lloyd | Ticket Taker

> SECURITY PERSONNEL Jim Grieves Wayne MacDonald Rick McLaughlin

> > **Dieter Bidner**



Photo: Tim Bates OJHL Images

October 22nd 1st goal puck for Justin after the Dukes 5-3 win over the Stouffville Spirit.



2003 born defenseman Justin Paré is a native of Saint-Lazare, QC who played last season with the St. Mark's Prep School. To date Justin has been having a great season with the Wellington Dukes as a defenseman he has played 19 games with 2 goals and 8 assists for a total of 10 points with only 12 penalty minutes.

Justin way back when :)



#### **OUR BILLET FAMILIES**

Amber & Corey Evans - #22 Zack Carrier & #24 Mason Goodfellow Kim Johnston & Glen Ogden - #27 Sacha Trudel & #1 Shane Shelest Carrie & Ian Deline - #26 Pana Efraimidis Holly & Rene Rendell - #2 William Welton & #3 Matt Whelton & #12 Logan Goodwin Ashley & Dave Morandin - #8 Dimitri Tzaferis & #17 Colin Smith & #4 Liam Lucas Ann & George Wood - #25 Caleb MacDonald Greg Harrison - #18 Cory Jewitt #30 Jack Lisson Lisa & Mark Ormond - #16 Nick DiPaolo & #14 Hayden Pimm & #20 Austin Montgomery-Parsons Michelle & Mike Brown - #7 Connor Hunt & #9 Will Mitchell Darelle & Don Pilon - #11 Zander Latreille Beth & Paul Gillman - #19 Connor Loerzel & #10 Justin Paré



WELLINGTON

**HEY FANS!** MEET JUSTIN AFTER THE

GAME OUTSIDE OF THE DUKES DRESSING ROOM

FOR FREE PHOTOS AND AUTOGRAPH SIGNINGS.

# PLAYER Spotlight Justin Paré

Photo: Ed McPherson OJHL Images

**#10** 

Position: Defence Height: 5'11" Weight: 185 lbs Nickname: J-Par Home Town: Sainte-Lazare Quebec Favourite NHL Team: Montreal Canadiens Favourite NHL Player: Rasmus Dahlin HobbieS: Hanging with friends, playing guitar

**Favourite Music:** Justin Bieber, Drake, Taylor Swift

**Pre-game Routine:** Listen to music, play sewer ball or football, try to distract myself from the nerves **Best Hockey Advice I have been given?** Don't stand still!

#### Why I love being a Duke?

Ilike being a Duke because our fans always come out and bring good energy with them.

#### I want Dukes fans to know:

I grew up with Dimiti Tzaferis and Liam Lucas.

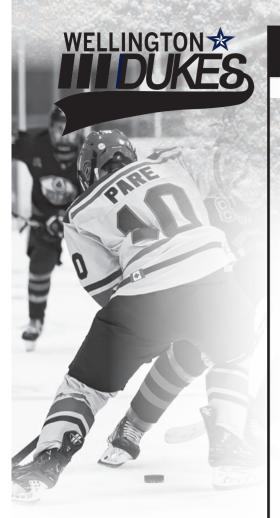
**Tonight We Remember** Please welcome members of Royal Canadian Legion Branch 160 Wellington for tonight's Remembrance Day Ceremony.

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie, In Flanders fields.

Take up our quarrel with the foe: To you from failing hands we throw The torch; be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders fields.

... Lest We Forget



BRANTFORD, ON - OCTOBER 19: Justin Pare #10 of the Wellington Dukes defends the zone from Cole Smith #81 of the Brantford 99ers during the second period at the Wayne Gretzky Sports Centre (Spencer Smye / OJHL Images)

# Chuck A Puck

#### **CENTER DOT IS NOW \$70**

(Progressive increase each game \$10 if not won) AND PRIZES EVERY GAME. Purchase your \$1 pucks in the southwest end of the stands by the Dukes **Dressing Room! Chuck A Puck takes** place at 2nd intermission.

**GOOD LUCK!** 

# TONIGHT'S DUKES LINE-UP

#	PLAYER	POS	HT	WT	DOB	HOMETOWN
1	Shelest, Shane	G	6:03	190	May 5, 03	Point-CLaire QC
2	Whelton, William (C)	D	6.00	195	Mar 16, 03	Whitby, ON
3	Whelton, Matt	D	5.10	175	Jun 12, 05	Whitby, ON
4	Lucas, Liam	F	5.10	185	Mar 20, 03	Pointe-Claire-QC
5	Wsol, Philip	D	6:00	180	May 30, 05	Milton, ON
7	Hunt, Connor (A)	F	6.02	176	May 11, 04	Madoc, ON
8	Tzaferis, Dimitri (A)	D	6.00	185	Sep 12, 03	Montreal, QC
9	Mitchell, Will	F	5.10	180	Jun 12, 05	Kingston, ON
10	Paré, Justin	D	6:00	175	Oct 19, 03	St-Lazare, QC
11	Latreille, Zander	F	5.09	162	Jun 1, 04	Windsor, ON
12	Goodwin, Logan	D	5.10	155	Aug 5, 05	Penticton, BC
14	Pimm, Hayden	F	5.11	185	Jun 24, 04	Kamloops BC
16	DiPaolo, Nick	F	5.09	145	Aug 15, 06	Burlington, ON
17	Smith, Colin	D	6.00	205	Feb 17, 04	Etobicoke, ON
18	Jewitt, Cory	F	5.10	165	Sep 1, 04	Clinton, ON
19	Loerzel, Connor	D	6.02	220	Oct 31, 03	Gadshill, ON
20	Montgomery-Parsons, Austin	۱F	5.11	183	Apr 20, 04	Courtenay BC
21	Vreugdenhil, Ben	F	6.04	220	Feb 14, 06	Frankford, ON
22	Carrier, Zack	F	6.00	173	Jan 18, 07	Odessa, ON
23	Quick, Ethan	F	6.00	195	Jan 27, 05	Trenton, ON
24	Goodfellow, Mason	F	6.01	190	May 11, 07	Yarker, ON
25	MacDonald, Caleb	F	5:9	157	April 10, 05	Cardigan, PEI
26	Efraimidis, Pana	F	5.11	185	May 15, 03	St-Laurent QC
27	Trudel, Sacha	F	5.10	170	Sep 1, 05	Montreal, QC
30	Lisson, Jack	G	6.01	180	Mar 31, 06	Oakville, ON

## DUKES HOCKEY STAFF

Head Coach/ Director Hockey Operations **KENT LEWIS** 

**Assistant Coach BRIAN MACKENZIE** General Manager - TODD DIMINIE Sport Physiotherapist CAITLIN MCCUAIG MScPT Sport Dip Goalie Coach - PHIL GROENEVELD Strength & Conditioning Coach ADAM REYNOLDS

**Equipment Manager RYAN ISBISTER** Dressing Room Attendant JOEY LAVENDER **Head Scout BRENT HEUSINKVELD Dukes Scouts \*ALLAN ETMANSKI \*IAN MCNEIL \*RHONDA BARTLIFF** \*GERAID O'KANE

Tonight's 6th Skaters are Mason Mitchell & Mason Vanhaarlem

#### **NEXT HOME GAME FRIDAY NOV 17TH 7:30 PM**

#### **DUKES AP PLAYERS**

**Gerrit Kempers Kaden Koutroulides Rheydan McCoy Cole Stevenson Liam Campbell** Jairus Ford **Brayden Friedrich Jalen Carter** Noah Szczurek

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Cobourg @ Wellington Aurora @ Wellington Oakville @ Wellington St. Michaels @ Wellington Haliburton @ Wellington Pickering @ Wellington Stouffville @ Wellington North York @ Wellington Pickering @ Wellington Trenton @ Wellington

Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 2:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 2:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 7:30 pm Lehigh Arena Wellington 2:30 pm

## TONIGHT'S COUGARS LINE-UP

#	PLAYER	POS	HT	WT	DOB	HOMETOWN
1	Piros, Ryan	G	5-10	155	2003-04-03	Hartland
2	Taylor, Joel	D	5-10	170	2005-05-19	Oshawa
4	Petruniak, Parker	D	6-5	208	2003-05-09	Ottawa
5	Brydges, Chris	D	5-11	183	2005-01-10	Cobourg
6	Kellar, Cooper	D	5-11	175	2005-07-06	Port Hope
9	Kelly, Logan	F	5-10	165	2003-01-30	Cobourg
10	Hoskin, Trevor	F	6-1	180	2004-05-18	Belleville
12	Harmon, Kaiden	F	5-7	145	2007-10-30	Cobourg
14	Kelly, Jack	F	6-2	170	2004-09-15	Madoc
15	Williamson, Carter	С	5-11	174	2005-04-09	Nepean
16	Ewart, Beckett	F	6-2	170	2006-06-07	Cobourg
17	Falkner, Jack	F	5-10	168	2003-03-19	Peterborough
18	Kahl, Owen	F	5-8	165	2006-06-16	Markham
20	English, Jesse	D	6-2	220	2004-10-08	Wellesley
21	Durnin, Carson	F	5-10	175	2005-10-21	Oshawa
24	Prestwich, Connor	F	6-2	205	2004-07-26	Whitby
25	Fuller, Jordan	F	5-10	175	2003-08-24	Springwater
25	Wilson, Owen	D	6-4	205	2003-01-01	Oakville
27	McKinnon, Owen	D	6-1	180	2004-05-23	Whitby
32	Herman, Reece	G	6-3	154	2007-12-04	Baltimore
41	De Sousa, Michael	F	6-5	190	2004-02-05	Mississauga
61	Reist, Andy	F	6-0	185	2004-05-25	Waterloo
83	Pitt, Riley	D	6-4	195	2003-02-19	Wasaga Beach
91	Lowry, Jack	F	5-11	175	2005-04-07	Trenton
93	McCagherty, Owen	D	6-0	170	2006-06-06	Whitby
94	Mueller, Matt	F				
19	Hunt, Tyler	F	5-10	170	2003-03-19	Oakville
32	Grover, Dillon	G	6-5	182	2004-06-27	Rochester

### COUGARS HOCKEY STAFF

Head Coach/ Connor Armour Assistant Coach - Tom Foster Assistant Coach - Mark MacAulay GM - Adam Holzmann Trainer - Joe Aiello Director of Souting & Player Development - Ryan Bolton Equipment Mngr - Bill Murray BRANTFORD, ON - OCTOBER 19: Justin Pare #10 of the Wellington Dukes defends the zone from Cole Smith #81 of the Brantford 99ers during the second particular to Warran Cestale Second

the second period at the Wayne Gretzky Sports Centre (Spencer Smye / OJHL Images)

#### PLEASE MARK IT ON YOUR CALENDARS

#### **FRIDAY NOV 17**

Please collect your teal shopping bag at the box office and bring it to our game with your non perishable food items Friday November 17th for our annual Storehouse Foodbank Fundraiser Game or make a donation \$ all donations will be matched by Christine Rutter EXIT Realty Group.

#### CONGRATULATIONS TO CONNOR HUNT OUR OCTOBER "PLAYER OF THE MONTH! Sponsored by Royal Canadian Legion Branch 160 Wellington

Selected by the Dukes coaching staff, Coach Lewis says that Connor has been such a solid contributor on the ice and most importantly in the room. The coaching staff look forward to more of the same from number 7.

At time of printing Connor has scored 11 goals, 10 assists in 21 games for a total of 21 points, giving him a point per game so far this season.

www.wellingtondukes.com

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# DUKES FAMILY SPOTLIGHT Photos by Ed McPherson OJHL Images

### TEALAH CLEMENT CHIEF OPERATIONS OFFICER



Tealah Clement was born and raised in British Columbia, the daughter of Wellington Dukes Governor/owner Ken Clement she is the face behind the Dukes success off the ice. Tealah manages the day to day operations of the franchise while keeping in close communication with her father who is out of country building his company.

Tealah also works for her father's company, Kensana Health a Vertically Integrated Phyto Pharmaceutical Company Revolutionizing Plant-based Healthcare for the 21st Century.

Tealah is also our amazing National Anthem singer at our home games.

When not at the rink or working Tealah participates in her life passion of horses and the equestrian sport. Managing her farm and participating in shows and events as an equestrian rider.

Aside from all of this, Tealah is a wife and mother of three amazing kids, Eberley, Orianna and Torin.

#### **OFFICIAL PRINTER OF THE WELLINGTON DUKES**



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Support the Dukes! Advertise here. Contact: KellyMartin@Wellingtondukes.com or Call: 905-914-7454



### **ALLAN ETMANSKI - SCOUT**

Allan was born and raised right here in Wellington. From the day he was born the Dukes have always been a part of his life. Even before the junior A days, his family was season ticket holders which lead to him working for the team in the early 2000s before departing the County for school.

Over the years Allan has held many different roles in junior hockey including arena DJ, PA announcer, scout, equipment manager, media & social media coordinator, broadcaster, assistant GM, GM and now back to adding scout to his duties.

His stops over the years have included the Wellington Dukes, North Bay Skyhawks, Lakehead Thunderwolves, Kingston Voyageurs, Belleville Bulls, Kingston Frontenacs, Napanee Raiders, Picton Pirates, RMC Paladins, Queen's Gaels and now back to Wellington. With a keen eye for talent and a knack for building relationships, Allan is looking forward to helping build the Wellington Dukes for their 35th anniversary and beyond.

Would you like to volunteer for the Dukes organization? We would love to have you if interested please contact Doug Robinson 613-921-5907

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on the back of your ticket OR SCAN THIS CODE BELOW!



PROMO CODE FOR TONIGHT'S GAME IS **#2616** 

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